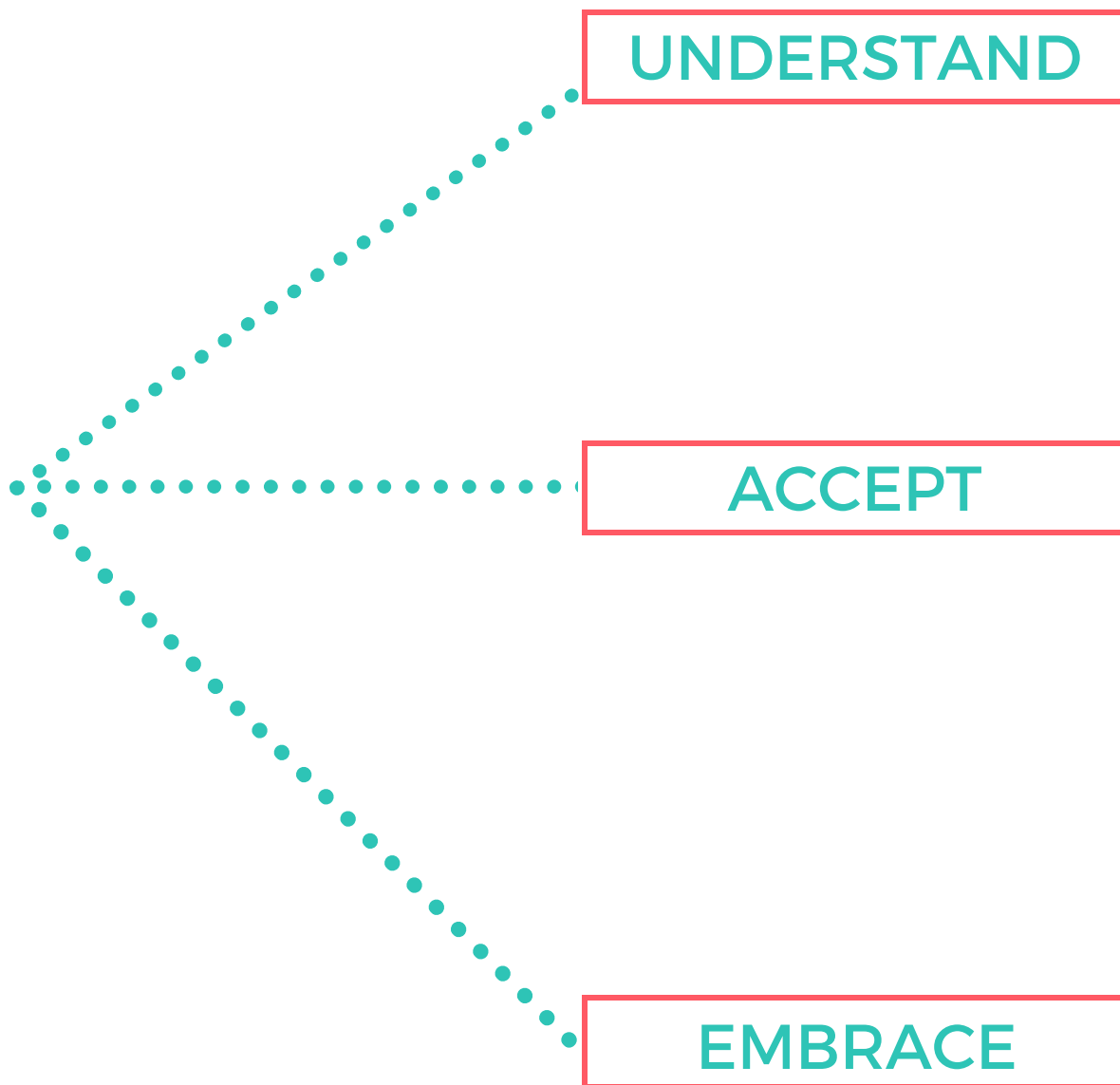


AUTISM JOURNEY WORKSHOP

AUTISM JOURNEY MATRIX



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AUTISM JOURNEY WORKSHOP

UNDERSTANDING AUTISM

FEEL HOWEVER YOU FEEL

- AUTISM IS SHOCKING
- THIS ISN'T WHAT YOU PLANNED
- YOUR LIFE WILL BE DIFFERENT
- THE FUTURE IS SCARY
- DON'T PANIC YET

WHAT IS IDENTITY LANGUAGE?

- WHAT IS IDENTITY LANGUAGE?
- WHY IS IT PREFERRED?
- WHY DOESN'T EVERYONE USE IT?

UNDERSTAND & HANDLE MELTDOWNS

- WHAT IS A MELTDOWN?
- HOW DO YOU PREVENT THEM?
- HOW DO YOU HANDLE THEM?

WHAT ARE FUNCTIONING LABELS?

- WHAT ARE FUNCTIONING LABELS?
- WHAT'S WRONG WITH THEM?
- AUTISM IS NOT A STRAIGHT LINE
- HOW IT CAUSES A DIVIDE

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ACCEPTING AUTISM

FOCUS ON THE POSITIVES

- YOUR ATTITUDE AFFECTS YOUR CHILD
- WHAT IF THEY "CAN'T UNDERSTAND"?
- "LOVE THE CHILD HATE THE AUTISM"
- HELPING YOUR CHILD EMBRACE AUTISM

ADVOCATE FOR AUTISTICS

- GETTING ACCOMMODATIONS
- GETTING UNDERSTANDING
- GETTING ACCEPTANCE

EVALUATE AUTISM ORGANIZATIONS

- WHAT TO LOOK FOR?
- WHAT TO AVOID?
- WHO SHOULD I SUPPORT?

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EMBRACING AUTISM

AUTISTICS REALLY DO HAVE JOY

- AUTISTIC PEOPLE HAVE LIVES
- WE EXPERIENCE THINGS DIFFERENTLY
- AUTISTIC PEOPLE HAVE FRIENDS

THE MANY BENEFITS OF AUTISM

- DIFFERENT, NOT WORSE
- WE HAVE DIFFERENT STRENGTHS
- SEE THE WORLD DIFFERENTLY

LISTENING TO AUTISTIC ADVOCATES

- BREAK IN THE AUTISM COMMUNITY
- AUTISTIC PEOPLE ARE THE TRUE EXPERTS
- HOW TO LISTEN
- WHAT WE HAVE TO SAY

FINDING YOUR AUTISM TRIBE

- A TRIBE THAT UNDERSTANDS
- HELPING YOUR CHILD UNDERSTAND
- DOCTORS THERAPISTS AND SCHOOL

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